

Economic Principles in Cell Biology

Vienna, July 23–26, 2025



Economy of organ form and function

Frédérique Noël

Organ development

Goals

- ▶ Optimize its form under constraints
- ▶ Fulfill its function in the most optimized manner



Organ development

Goals

- ▶ Optimize its form under constraints
- ▶ Fulfill its function in the most optimized manner

Mathematical framework

- ▶ Cost function \mathcal{E} dependent on one or several variables $x \in \mathbb{R}^n$
- ▶ One or several equality constraints: $c(x) = 0$, where $c : \mathbb{R}^n \rightarrow \mathbb{R}^m$
- ▶ Find an optimal value x^* that minimizes the function $\mathcal{E}(x)$ while $c(x^*) = 0$



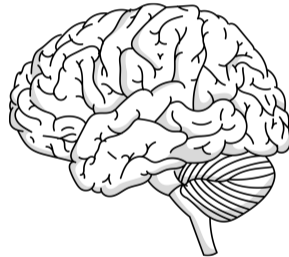
Organ form

Built with reproducible size and shape in each species.

Brain

Improved neural processing power

- ▶ Large cortical surface
- ▶ Small cranium



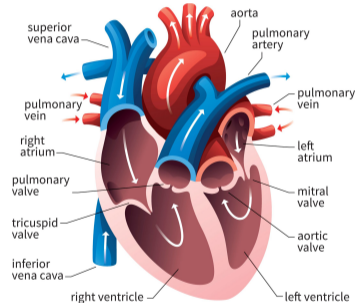
Organ function

Fulfilled as best as possible while minimizing cost variables (energy)

Heart

Different blood pressure in both ventricles

- ▶ Low pressure to irrigate the lung
- ▶ High pressure to irrigate the body



Cardiology Associates of Michigan



Focus on the lung

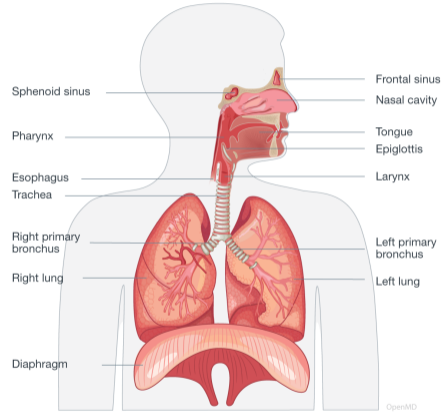
Geometry

- ▶ Complex system: exchange surface between ambient air and blood
- ▶ Divided into two parts: bronchial tree and the acini

Principal function

- ▶ Brings oxygen from the ambient air to the blood
- ▶ Removes carbon dioxide from the blood

Made possible thanks to the ventilation



Open MD



Table of contents

Human's lung shape

Human's lung function

Mammals' lung function

Conclusion

Human's lung shape

Lung morphometry

Problematics

- ▶ Role: connects O_2 and CO_2 in atmosphere with inner body
- ▶ Medium: gas transfer by diffusion through alveolar membrane
- ▶ Major constraints:
 - ▶ Diffusion : a surface process
 - ▶ Limited thoracic volume



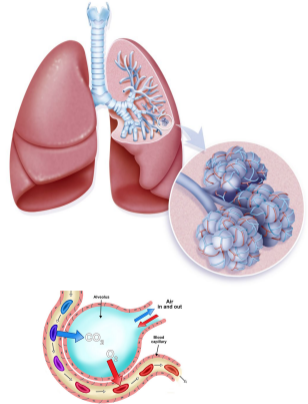
Lung morphometry

Problematics

- ▶ Role: connects O_2 and CO_2 in atmosphere with inner body
- ▶ Medium: gas transfer by diffusion through alveolar membrane
- ▶ Major constraints:
 - ▶ Diffusion : a surface process
 - ▶ Limited thoracic volume

Solution

Optimize (maximize) the surface/volume ratio



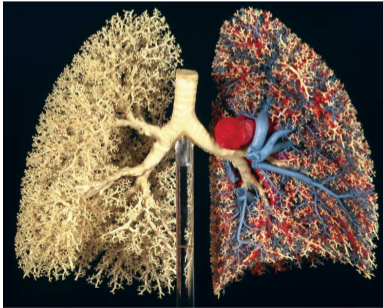
Getty Images & Mammoth Memory



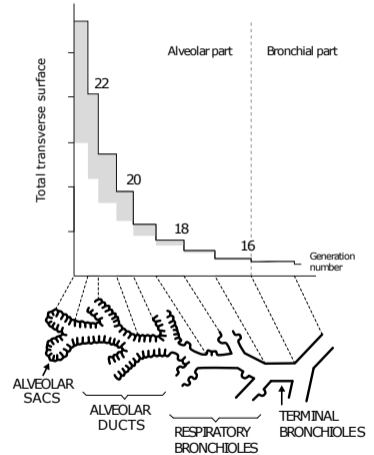
Lung morphometry

Characteristics for a proper functioning of the lung

- ▶ Space-filling
- ▶ Self-avoiding



Lung's cast made by E.R. Weibel



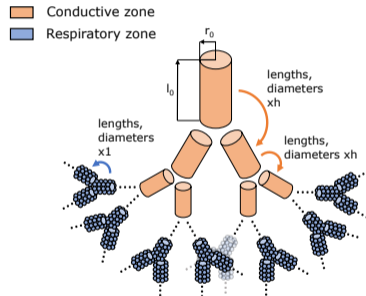
Lung morphology

Bronchial tree

- ▶ Cascade of bifurcating airways with cylindrical shapes
- ▶ Around 17 generations
- ▶ Size of the airways decreases at each bifurcation

Acini

- ▶ Exchange surface with blood ($70 - 100 \text{ m}^2$)
- ▶ Alveoli: bubble-like structure
- ▶ Around 6 generations



Human's lung function



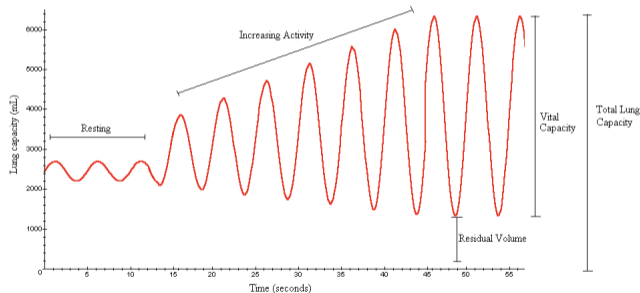
Lung's function

Objectives

- ▶ Brings O_2 to the blood
- ▶ Removes CO_2 from the blood

Ventilation parameters

- ▶ Rate of breathing (f_b)
- ▶ Depth of breathing (V_T)



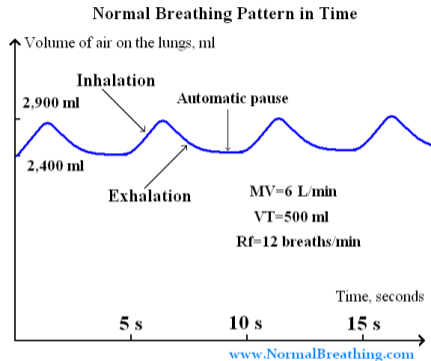
Beals et al., 2000



Natural selection of ventilation

Stereotyped ventilation

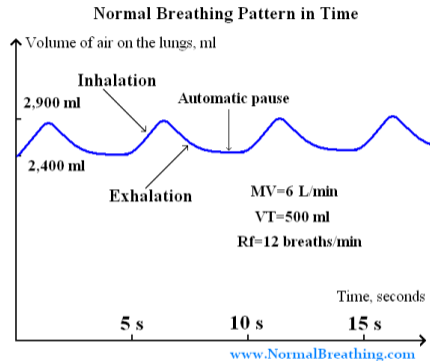
- ▶ f_b : 12 breaths per minute
- ▶ V_T : 500 mL



Natural selection of ventilation

Stereotyped ventilation

- ▶ f_b : 12 breaths per minute
- ▶ V_T : 500 mL



Hypothesis

Minimizing the cost of breathing while satisfying the body needs in oxygen



Oxygen transport in the lung

Diffusion

- ▶ Passive process
- ▶ Balance the concentration
- ▶ Too long for air to pass through the lung

Convection

- ▶ Dynamic process
- ▶ Performed thanks to a set of muscles (ex. diaphragm)
- ▶ Two phases: inspiration and expiration



Modeling oxygen transport

Convection-diffusion-reaction equation in each airway

$$\frac{\partial P}{\partial t} - D \frac{\partial^2 P}{\partial x^2} + u(t) \frac{\partial P}{\partial x} = \beta (P_{\text{blood}} - P)$$

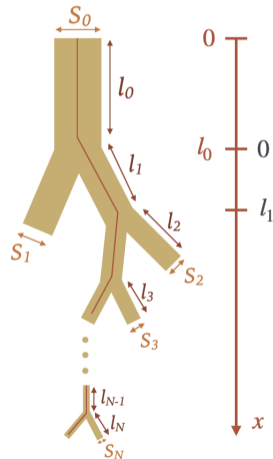
Link all generations by assuming:

- ▶ Continuity between generations
- ▶ Conservation of the quantity of oxygen:

$$u_i S_i = 2u_{i+1} S_{i+1}$$

Boundary conditions:

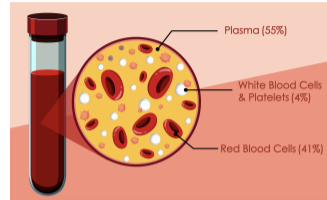
- ▶ Partial pressure in the ambient air at the entrance of the tree
- ▶ Diffusive flow with the blood at the tree terminals



Modeling oxygen in the blood

Oxygen in the blood

- ▶ Linked to hemoglobin
- ▶ Dissolved in plasma



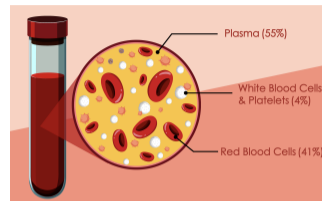
FreePik



Modeling oxygen in the blood

Oxygen in the blood

- ▶ Linked to hemoglobin
- ▶ Dissolved in plasma



FreePik

Modeling the exchanges with the blood

$$\underbrace{\alpha(P - P_{\text{blood}})}_{\text{flow through the membrane}} = \underbrace{4Z_0 (S_{O_2}(P_{\text{blood}}) - S_{O_2}(P_{\text{vein}})) v_s + \sigma v_s (P_{\text{blood}} - P_{\text{vein}})}_{\text{flow transported by blood}}$$

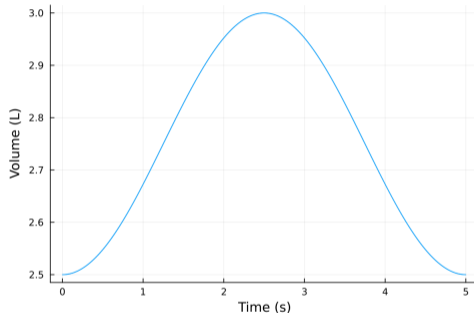


Input of the model

- ▶ Periodic ventilation dependant on V_T and f_b
- ▶ Volume of the lung:

$$V(t) = V_{FRC} + \frac{V_T}{2} (1 - \cos(2\pi f_b t))$$

- ▶ Air velocity and airflow are deduced from the volume



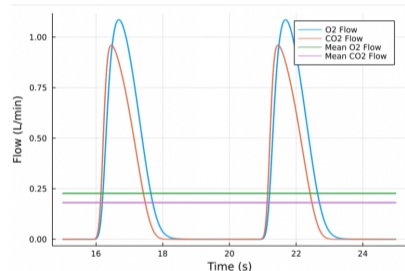
Outputs of the model

O_2 flow to blood

- ▶ Physiological value: $\dot{V}_{O_2} = 250 \text{ mL} \cdot \text{min}^{-1}$
- ▶ Predicted value: $\dot{V}_{O_2} = 230 \text{ mL} \cdot \text{min}^{-1}$

CO_2 flow to blood

- ▶ Physiological value: $\dot{V}_{CO_2} = 200 \text{ mL} \cdot \text{min}^{-1}$
- ▶ Predicted value: $\dot{V}_{CO_2} = 180 \text{ mL} \cdot \text{min}^{-1}$



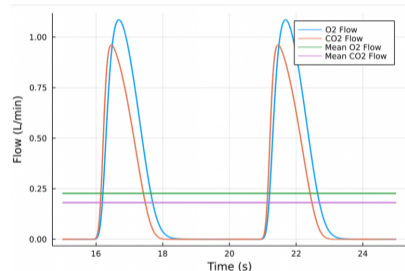
Outputs of the model

O_2 flow to blood

- ▶ Physiological value: $\dot{V}_{O_2} = 250 \text{ mL} \cdot \text{min}^{-1}$
- ▶ Predicted value: $\dot{V}_{O_2} = 230 \text{ mL} \cdot \text{min}^{-1}$

CO_2 flow to blood

- ▶ Physiological value: $\dot{V}_{CO_2} = 200 \text{ mL} \cdot \text{min}^{-1}$
- ▶ Predicted value: $\dot{V}_{CO_2} = 180 \text{ mL} \cdot \text{min}^{-1}$



Model validated

Cost of breathing

Hypothesis

Minimizing the cost of breathing while satisfying the body needs in oxygen



Cost of breathing

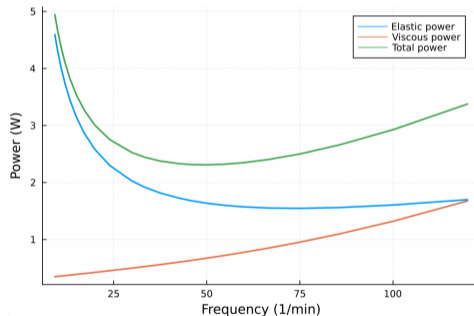
Hypothesis

Minimizing the cost of breathing while satisfying the body needs in oxygen

Action of the muscles on the lung:

- ▶ Deforms the tissues
- ▶ Displaces the air along the bronchial tree

$$\underbrace{\mathcal{P}_m}_{\text{muscle power}} \simeq \underbrace{\mathcal{P}_e}_{\text{elastic power}} + \underbrace{\mathcal{P}_a}_{\text{air viscous dissipation}}$$



Power spent during ventilation

Viscous dissipation of air

- ▶ Characterized by the lung hydrodynamic resistance
 - ▶ Connects the airflow \mathcal{F} to the air pressure p : $p = \mathcal{F}\mathcal{R}$
- ▶ Power dissipated

$$\mathcal{P}_a = \mathcal{R}\mathcal{F}^2 = \frac{1}{4}\mathcal{R}(\pi f_b V_T)^2$$

Elastic power

- ▶ Characterized by the compliance of the lung
 - ▶ Relates the force per unit of surface applied by the muscles to the volume change of the lung
- ▶ Elastic power

$$\mathcal{P}_e = \frac{V_T^2 f_b}{2\mathcal{C}}$$

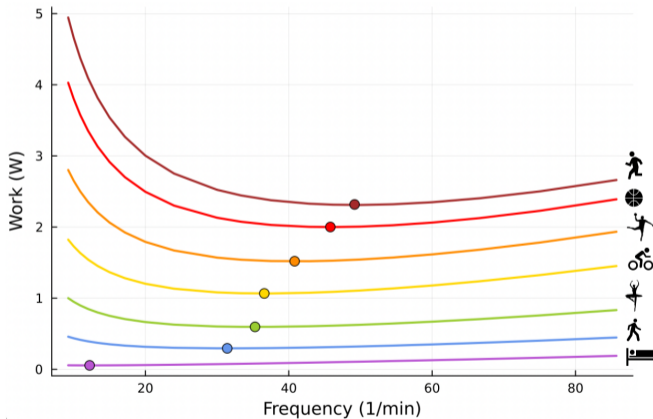


Optimal ventilation for humans

$$\min_{V_T, f_b} \mathcal{P}_e(V_T, f_b) + \mathcal{P}_a(V_T, f_b) \quad \text{s.t.} \quad \dot{V}_{O_2}(V_T, f_b) = \dot{V}_{O_2}^{\text{obs}}$$

Optimal ventilation for humans

$$\min_{V_T, f_b} \mathcal{P}_e(V_T, f_b) + \mathcal{P}_a(V_T, f_b) \quad \text{s.t.} \quad \dot{V}_{O_2}(V_T, f_b) = \dot{V}_{O_2}^{\text{obs}}$$



Mammals' lung function



Extension to mammals

Question

Can our model be extended to all mammals?

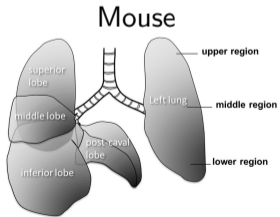
Extension to mammals

Question

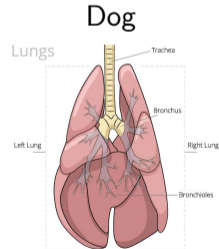
Can our model be extended to all mammals?

Why ?

- ▶ Share morphological properties
- ▶ Share functional properties



Sato et al., 2015

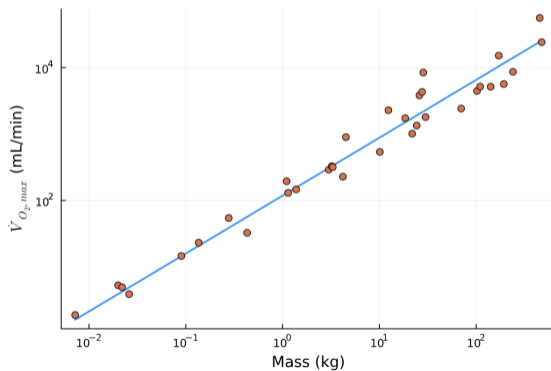


Pokusay / stock.adobe.com

Concept of allometry

Shared properties dependent on the mass M of the mammal

$$Y = aM^b$$



Adaptation of the model of the lung

Shared characteristics

- ▶ Tree-like structure with bifurcating branches
- ▶ Decomposition into two parts: bronchial tree and acini

Morphological parameters

- ▶ Tracheal radius ($\propto M^{3/8}$) and length ($\propto M^{1/4}$)
- ▶ Radius ($\propto M^{1/12}$) and length ($\propto M^{-1/24}$) of alveolar ducts
- ▶ Exchange surface ($\propto M^{3/4}$)



Adaptation of the oxygen transport model

Oxygen transport

- ▶ No modification
- ▶ Convection-diffusion-reaction equation

Constraint on the oxygen flow

- ▶ Basal Metabolic Rate (BMR): $\dot{V}_{O_2} \propto M^{0.75}$
- ▶ Field Metabolic Rate (FMR): $\dot{V}_{O_2} \propto M^{0.64}$
- ▶ Maximal Metabolic Rate (MMR): $\dot{V}_{O_2} \propto M^{0.875}$



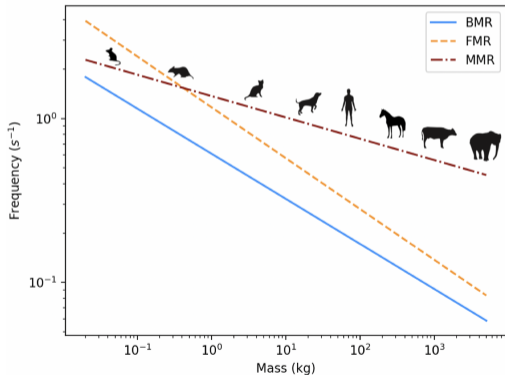
Optimal ventilation for mammals

$$\min_{V_T, f_b} \mathcal{P}_e(V_T, f_b) + \mathcal{P}_a(V_T, f_b) \quad \text{s.t.} \quad \dot{V}_{O_2}(V_T, f_b) = \dot{V}_{O_2}^{\text{obs}}$$

Optimal ventilation for mammals

$$\min_{V_T, f_b} \mathcal{P}_e(V_T, f_b) + \mathcal{P}_a(V_T, f_b) \quad \text{s.t.} \quad \dot{V}_{O_2}(V_T, f_b) = \dot{V}_{O_2}^{\text{obs}}$$

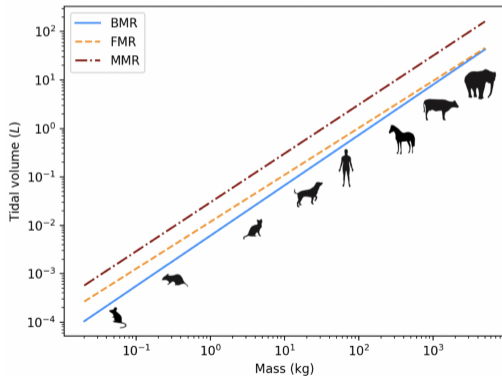
	f_b (pred)	f_b (obs)
BMR	-0.27	-0.26
FMR	-0.31	N.D
MMR	-0.17	-0.14



Optimal ventilation for mammals

$$\min_{V_T, f_b} \mathcal{P}_e(V_T, f_b) + \mathcal{P}_a(V_T, f_b) \quad \text{s.t.} \quad \dot{V}_{O_2}(V_T, f_b) = \dot{V}_{O_2}^{\text{obs}}$$

	V_T (pred)	V_T (obs)
BMR	1.04	1.04
FMR	0.97	N.D
MMR	1.01	N.D



Conclusion

Conclusion

- ▶ Principles of economy applied on larger living structures
- ▶ Constraints guide the development and the functioning of mammalian lung
 - ▶ form: optimize the surface/volume ratio
 - ▶ function: minimize the cost of breathing while satisfying the body needs in oxygen
- ▶ Allometric laws allow an understanding of the mechanics of breathing

